



SYDNEY

WELCOME TO THE THIRD AND BY FAR THE MOST ENTHRALLING OF THE NARCONON SYDNEY FIELD STAFF MEMBER NEWSLETTER'S FOR THE MONTH OF JULY 2003.

THE TITLE OF THIS NEWSLETTER SHALL BE **'THE RIPPLE EFFECT'**

...please read on to find out why

GREETINGS TO ALL...

I would like to single out all new FSM'ers and give you a proverbial hearty slap on the back because most of you are now either graduates of the program or the parents of.

To graduate from this program can in essence be a landmark experience. We congratulate you for your achievements in doing the program, for getting your lives back and for being the source of the ripple effect to people who are important to you AND to the world around you. This is a totally gratifying experience!

WHAT IS AN FSM?

A Field Staff Member is YOU! It's you being the end result of the Narconon Program whether you have been through it yourself or if you have seen the program work for someone you know. Just imagine being able to pass on this experience to someone else who could use the same kind of program you have been delivered and have them apply it to their own lives. What a beautiful thing! That is what being an FSM is about, it's about making known to people around you the Narconon program and that help is indeed possible.

Do you think you can help someone else achieve the same successes you have had?

Our aim is not just small scale. Drugs are so prevalent in our society and yes they are a wide scale problem but take heart. Although it has been said a thousand times before, what you do in your own life, what you put out there DOES have a ripple effect. For example, take a look at what the Narconon Program has done for your

own life and the impact you now have on others...?

Drop us a line if you ever need a hand to speak to someone you know, that could use the program to make a change, we can give you some very handy tips.

SOMEONE COOL COMING TO TOWN...

In August we have a very excellent person from Narconon International coming to town to help us with all the awesome things he has learnt over the years working as part of Narconon. He goes by the name of Bobby Wiggins, but don't let that fool you, he is a Wiggins marvel. Bobby is a true visionary and has given 800,000 kids drug lectures all over the world ...think about that number of people...!

Bobby has successfully thought of a way to get back to the source, KIDS. If someone growing up in this big and beautiful world has good education as to the effects of drugs, spiritually, morally and the physical, they could just say no, when faced with the choice of taking them. The good thing about Bobby's lectures is that they are not BORING, he keeps you interested and reaching to know more about the subject. Education IS the best line of defence we have in the war on drugs.

We would like to be out of a job here at Narconon, wouldn't it be great not to have to rehabilitate people from drugs? Bobby is one man fighting to make this happen and his achievements have been so great! We are looking forward to him coming and would like to acknowledge him in advance for the help he will be giving to Narconon Australia. Should be interesting... you will hear all in the next edition...

An interesting fact ...

Definition of REHABILITATION:

To restore to a former state. (1)

DRUG REHABILITATION AND EDUCATION SERVICES

161 Popran Rd, Lower Mangrove NSW 2250 Phone (02) 4377 1107 fax (02) 4377 1407

narcononsydney@bigpond.com.au

ABN: 29 841 945 362

GOODBYE THE TOBSTA

We have had a very excellent Sauna In Charge in our midst over the past 12 months. Toby has put in squillions of hours down in the sauna in this time and has produced many drug free happy bodies. His work ethic has been of the highest standard with no exceptions and we are going to miss his expertise and control and his energy. We wish Toby the best in everything he does and are fully confident that he will excel in anything he dreams to do.

CONGRATULATIONS MICHAEL!

We would like to give hearty congratulations to Michael for his achievements in helping Narconon Sydney build a truly viable and growing course room and for his achievements in his life at present time. Michael left Narconon Sydney in April however in the time he was here, Michael created a very excellent and workable course room, which applies standard Narconon Technology. He has made a ready course room for Marcus Denney and Wil Starr to keep helping others get off drugs in the magical way that they do.

Michael is now in Melbourne helping his family create a business, which is going to be an awesome venture into the culinary arts. Michael continues to do great things for Narconon with his support and knowledge of tech. He has helped other people get onto the Narconon Program already from where he is, against all odds and is a true Field Staff Member. Michael achieves this on the side as well as working a normal week and on weekends and is proof that outflow from your own neck of the woods is achievable. Very Well Done to you MD, for achieving a very creative and real ripple effect to all.

THANK YOU....

Thank you to all those people who put in their time effort and enthusiasm to help Narconon Sydney or indeed any other Narconon around the world.

We have really cool types out there like Nel who gives up her Fridays each week to come and do our weekly shopping. This has been an enormous support for us and needs to be acknowledged. Nel will also come in if she is able with hardly any notice, cover phones, cook, smile and contribute into this community.

Did you know?... Nel has scored a fastest ever with signing someone onto the program and getting them here within 3 hours, now that's shakin' her booty.

A big grateful thank you goes out to Greg Williams and Guy Taylor who come at moments notice to help us with our emergency maintenance around the property and believe us when its emergency ITS EMERGENCY!

PROMOTION...

Our real focus over the past couple of months has been with airing Community Service Announcements with radio and television stations. We are focusing heavily on getting our communication lines strong with people who work with Natural Therapies. To get the real recognition that Narconon needs from the Australian public *and the government*, to be really HUGE and expanding, we need a bigger voice. It is with Naturopaths, Chiropractors and also Doctors who share our reality with rehabilitating people without using drugs, that we can make a much bigger difference and more swiftly at that.

A promotion Jedi by the name of Vanessa has been giving many many hours of her time and creative flow toward designing new promo pieces for Narconon Sydney with pamphlets & new layouts for our current promo etc. This was started from scratch for and by Narconon Sydney. They are looking AWESOME. Please watch out for new promo COMING SOON!

Please log onto our website (www.drug-rehabilitation-resource.com) to look at our changes, its refreshed and much more pleasing to the eye. Over the past few weeks upon surveying, a much larger ratio of people contacting us are getting our name from our website. We have had a very lovely lady donate her time to making full changes to the website which has been ongoing for a couple of months. Please send in any success stories you have to contribute to the site, anything that has touched you, changed you, or something you have observed so that we can ad it in and keep it fresh and happening. Speak it up as loud as you can...we want to hear it.

YEAH BUT WHAT CAN I DO TO HELP FROM WHERE I AM?

So much! You already have the keynotes in your heart! This is a job that we cannot do alone so please feel free and write success stories to people you think will listen, or get on radio or write to magazines. The options are endless and you can be entirely creative with it. It's your voice, your experience that counts and its so great to have a chance to put what you know down on paper and it can even be quite a fulfilling and gratifying experience! If you would like to get on radio, give us a call! We can help get answers together for any tricky curly questions you may get. Go for it and don't hold back! Lets turn those ripples into tidal waves so everyone knows we're here and that we are here to save lives.

A big thank you to all those who have helped us achieve these things over the past couple of months. Very very well done.

A NOTE FROM A BIG STARR

It's another business year-end, and hasn't it flown! It's time to take a fresh look at how we best clean up the planet of drug addiction, and that is getting the person that needs help here to Narconon. How does the addict know we're here???

With Community Service Announcements on the radio, newspaper articles written by those that know the real story behind what its like to be the addict or to be a loved one of the addict, and with your help. Would you help us in spreading the word? Narconon Sydney is still relatively unknown and short of getting our name on buses, billboards, TV and prime-time radio so it's in everyones' face, we need your help.

We have had 25 people graduate the program this year and we want to double the graduates for next year. "Well hells bells" you say, "that's hardly a spit in the ocean". But it's 25 less people who are out there ruining their lives. So how's about it???

Let's hear your voice and let the Australian public know what has been your experience, or simply that you know we exist and that we have something that really makes a difference.

A sincere thanks to all of you who supported us to-date! With particular thanks to Katalin and Jeff Denney, and Rosmarie Bauer, who have contributed enormously to our cause throughout the year,

Much Love to you all, Belinda Starr

SUCCESS STORY

July 2003

Ok, where do I begin? Lets start off by saying how this time last year I remember saying to my parents "mum, dad, I cant live in this world without drugs". Well, how things have changed for me since then, I still have to pinch myself to know it is really my world I'm living in, DRUG FREE!

I have to say Narconon has saved part of me, which I thought was gone, dead buried years ago. It has not only saved part of me, but has also educated and given me awareness on what drugs are really about and how to go about living the life I want and deserve.

Before Narconon, drugs were like the love of my life. Yes I still get a creeping thought of taking drugs but the difference now is because I have control of my existence, I acknowledge that thought and become the cause of a better life for me and that life doesn't include drugs! I have many things to say, I want to laugh, dance and cheer but for now I will go on with my life, which has been given great opportunity of dreams and goals. And the only thing left to be said is Narconon. Narconon has given me my everything back....thank you!!

PS. I can now honestly say I HATE DRUGS.
Narconon Sydney Graduate

LASTLY...BUT NOT LEASTLY...

Good Ripple Effect Music Recommendation

Michael Franti and his group Spearhead is highly recommended for anyone who wants to listen to very positive and very happy uplifting vibes. His music can be enjoyed by ANY generation and he is very gifted in spreading out very kind words for your soul. Most of us here at Narconon are fans...you won't be disappointed. His new album "Everyone Deserves Music" is awesome and his previous album titled "Stay Human" is a must. He is a fine example of one who is causing a very extraordinary Ripple Effect across the planet.

Do you want to be involved in helping Narconon? Contact David, Belinda or Christine to talk about how on 02 43771107. Much Love to you all, Bye for now

1.Websters 2, New College Dictionary, Definition 4. 1995